



PSYCHOLOGY DEPARTMENT
*A Bird's
Eye View*

PSYCHOLOGY DEPARTMENT
A Bird's Eye View

2015 - 2016



T. G. D. S.
25.3.16

Signature of the Principal

Sange Mishra
28.3.16

Signature of the HOD

PSYCHOLOGY DEPARTMENT : A BIRD'S EYE VIEW

Psychology department as an effortful, untiring and student based department in the college has its own pursuit in its academics & extracurricular sphere. Department is crowned by Dr. Santa Mishra (Reader & HOD), Dr. Niharika Das (Lecturer) & Mrs. Meena Mohanty (Demonstrator) with 3 year of honors students.

- Dr. Mishra joined on 23/06/2012- continuing
- Dr. Das has joined on 24/07/2013- continuing
- Mrs. Meena Mohanty has joined on - From beginning till date

Dr. Santa Mishra

Dr. Santa Mishra (M.A., M.Phil., Ph.D.)

Reader & HOD of psychology

Date of joining in service: Dt - 01.10.1982

Teaching Experience-33 years

Number of publication- National (60) International (28)

Ph.D. guidance - 6 (Awarded 2)

Projects completed - 7

Books published - 10



Editing the Journal: “ Odisha Journal of Social Science” (A peer reviewed, Self-financing, Bi- Annual Journal, (ISSN 2321-3493) as Chief Editor.

Details of M.Phil, Ph.D. and D.Litt, Dissertation

- 1. M.Phil:** Effects of social Crowding on emotionality and Spontaneous motor activity of male and female Rats.
- 2. Ph.D :** Effects of Nutrition and Environment on the Behavior of Albino Rats.
- 3. D.Litt. :** A Co- relational study between Circadian Rhythm and Fetal Activity Registration No. - 01, 2006 – 07.

Recognized Guide

- Utkal University, Vanivihar
- Centurion University, Bhubaneswar
- North Odisha University
- Sambalpur University, Jyoti Vihar
- Ravenshaw University, Cuttack.
- IGNOU

Board of Studies Member

- Banki Autonomous College Banki
- Utkal University Vanivihar
- Nayagarh Autonomous College, Nayagarh
- North Odisha University

Ph.D. Evaluation

- Thesis entitled, “Stress and Quality of Life Among University Employees with Hypertension” OF Ms K MadhuManjula, Andhra University, Vishakhapatnam (Ref No. T(1)/3584/2013 dated 11 Jul 13)
- Thesis entitled, “Adolescents Subjective - Wellbeing: Socio Demographic Correlates in North Coastal Andhra Pradesh “of R VijayaRaju, Andhra University, Vishakhapatnam (Ref. No. T(1)/3577/2013 dated 11.07.13)

Guided Dissertation of PG Students under IGNOU, entitled :

- Influence of spirituality on stress management in adolescence
- Social anxiety of boarders and day-scholars: a study of +2 girl students

Chair Person in International Seminar

Misra, S (2015) Chair person in **4th International Conference on "Managing Human Resources at the Workplace"**, December 4th and 5th, 2015, SDMIMD, Mysore Bangalore

Paper Presentation in the Year 2015-16 :

1. Misra, S & Das N (2015) "A Neuro – Computational Analysis of Decision Making Among Working Women of Bhubaneswar" **A paper** presented in UGC sponsored National Seminar in Psychology, Khurdha Women's College & Rajsunakhala College on "perspectives of women empowerment in india"
2. Misra, S & Das, N (2015) "A Neuro- scientific Analysis of Decision Making Style among potential executives of corporate world" A paper presented in **4th International Conference on "Managing Human Resources at the Workplace"**, 4th & 5th, December 2015, SDMIMD, Mysore
3. Mohapatra, B. & Misra, S. (2015) "Personality type and coping skills influence absenteeism in work place: evidence on women police" A paper to present in **4th International Conference on "Managing Human Resources at the Workplace"**, 4th & 5th, December 2015, SDMIMD, Mysore
4. Misra, S & Anjum, A (2016) "Neuro-scientific Analysis of Decision Making Style among potential executives of corporate world". A Paper to be present in **103rd Indian Science Congress** to be hosted by University of Mysore, Mysore from 3-7 January 2016. Focal theme - Science & Technology for Indigenous Development in India

Publications In the Year 2015 - 16

1. **Pani, J., & Misra, S., (2015). "Hepatotoxic effect of Silver nanoparticle on Swiss Albino mice and their foetus". Odisha Journal of Social Science, ISSN 2321 – 3493, Vol 2 (1), Pp: 51 – 65, Odisha, India.**
2. **Misra, S., (2015). "Neuro-Managerial Decision Making Models For Potential Executives". Odisha Journal of Social Science, ISSN 2321 – 3493, Vol 2 (2), Pp: 107 - 113, Odisha, India.**
3. **Misra, S. & Das, N. (2015). " Neuro Perception of Stress Management in different Job sectors". Journal of Research Extension and Development, ISSN:2321- 3434., Vol.4,(3), November 2015.**
4. Misra, S (2015) "Occupational Stress of Working Women in a specific culture" Accepted to be published under JCCP eBooks, located on the IACCP website (see <http://www.iaccp.org/ebooks>). The eBooks are now published in a variety of formats designed for reading on computers and tablets, and for printing. As online publications, our books come up easily in Web searches and allow a high level of visibility to authors. The title of the eBook will be: "Unity, Diversity and Culture "
5. Misra, S (2015) "Quality of Family life and Life Skill Approach of Adolescents" Accepted to be published under JCCP eBooks, located on the IACCP website (see <http://www.iaccp.org/ebooks>). The eBooks are now published in a variety of formats designed for reading on computers and tablets, and for printing. As online publications, our books come up easily in Web searches and allow a high level of visibility to authors. The title of the eBook will be: "Unity, Diversity and Culture "

Total Seminars Attended

National Seminars – 58

International Seminars – 15 (One in Russia, 2011. Another in Japan, 2012, France 2014 and in USA 2016)

Books Published in the Year 2015 - 16

- Statistics for Behavioural and Social Sciences : Sage publication
- A Text Book of Basic Statistics (Second Edition) : Self publication

Journal Published in the Year 2015- 2016

Chief Editor - Odisha Journal Of Social Sciences

Dr. Niharika Das

Lecture in Psychology

Date of joining in service- 26.02.1991

Teaching experience- 23 years

Number of publication-National (5) International (2)

Project guidance- 2



Details of Ph.D.

Entitled -Metalinguistic Development, Reading Awareness and Academic Achievement of primary School children

Refresher Course Attended- Positive Psychology – Utkal University

Publications:

1. Misra, S & Das N (2015) "A Neuro – Computational Analysis of Decision Making Among Working Women of Bhubaneswar" A paper presented in UGC sponsored National Seminar in Psychology, Khurda Women's College & Rajsunakhala College on "perspectives of women empowerment in india"
2. Misra, S & Das, N (2015) "A Neuro- scientific Analysis of Decision Making Style among potential executives of corporate world". A paper presented in **4th International Conference on "Managing Human Resources at the Workplace"**, 4th & 5th, December 2015, SDMIMD, Mysore
3. Mishra, S & Das, N (2015) Neuro perception of Stress Management in different job sectors. Journal of Research Extension and Development ISSN 2321-3434, Vo. 4(3), November 2015. Guide Dissertation of PG Students under IGNOU entitled.
 - Understanding the concept of creativity in cultural perspectives.
 - Interpersonal Communication– A tribal perspectives

Recognized Guide

- IGNOU

Mrs. Meena Mohanty (MA)

Demonstrator in Psychology

Date of joining in service- 11.04.1985

Teaching experience- 30 years



The session 2015-16 started with a **Orientation Programme** for the Students on recruitment in defense sector for the psychology students. (Dt- 02.-07.15) besides the regular classes

Resource person :

- Prof. Ambica Prasad pattnaik impart speech on creating awareness about defense recruitment system.
- Prof. Hardamen Singh: counseling strategies.

An orientation program to Hons Students is held on dt 2.7.15 with the chairmanship of the principal Mrs. Tatini Das and headship of Dr. Santa Misra. The Guest speakers are Prof. Handaman Singh. They delivered the above said topics respectively. The meeting inaugurated by the principal, co-ordinated by Head of the Dept. Dr. Santa Misra. Introduction to guests is given by Dr. Niharika Das and finally Mrs. Meena Mohanty gives vote of thanks.

The illuminations given by the Resource person :

Prof Ambica Prasad Pattnaik (Retired Col. ARMY)

Various entries

Indian Army

1. UPSC entry

- Age -19-25
- Written exam conducted by upsc
- Qualification – graduation/post graduate
- Interview at SSB(for 4 days)
- Branches – ASC, AOC, Irt corps, Core of signals, Core of engineers, law branch (JAG), Education branch (age- 21-27)
- Frequency 2times in a year

2. NCC special entry

- Age -19-25
- Qualification –graduation
- NCC - 'C' certificate with minimum B grading
- Frequency twice in a year- vacancy – 50
- No written test direct interview at SSB after short listing

3. SSC technical entry

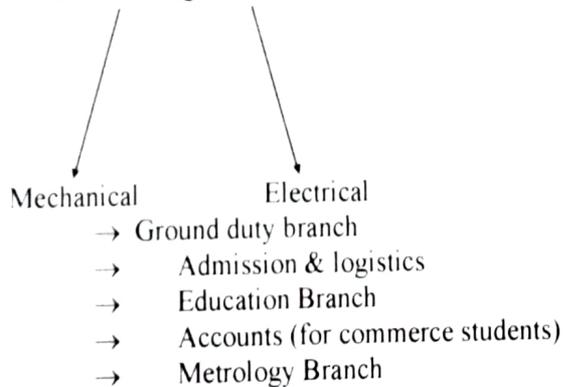
- Age 20-27
- Qualification be/me/post graduation for AEC
- Two years ante date

4. JAGentry(LAN officer)

- Age 21-27
- Qualification LLB/LLM

5. Indian air force

- AFCAT (air force common admission test)
- Flying branch – as pilots
- Technical branch
- Aeronautical engineering



6. Indian navy

- Air traffic controller
- Observation officers
- Law officers
- Logistic
- Naval architecture
- Education branch

7. Coast guards

- All branches of coast guards

Prof Hardaman Singh, Social Reformer Disability sector

Women in armed forces

Introduction

In the women world, there is no domains of work that women devil in to Indian armed forces

- Indian armed forces comprised of army, navy, Airforce and coast guards
- Bright, young and energetic men and women make up the bulk of manpower in the armed forces
- Recruitment is voluntary, which implies- that, every citizen of India is eligible to be a part of it provided he/she fulfils the specified creation for selection. Caste region or religion do not came in the way of selection process, thereby making perfect nitrogenous work place
- Entry of women in defense forces
- The role of women in the armed forces for a long time was limited to medical profession (doctors/nurses only)
- In 1992 the doors were thrown open for women entry as regular officers in aviation, logistics, law, engineering, executive cadre, education branch & army intelligence corps
- Thousands of spirited young women applied against advertisements and it was a turning point in the history of time. In the first batch 25 women were selected to undergo the training at OTA (Madras)
- Those women chose a new field where they had to pains takingly pave a path for others to follow
- Currently women in the non-medical cadre serve as SSC (short service commissioned officer) for a duration of 5-14 years
- As though the path of these women have chosen is tough, they have proved that, they have the spirit, the courage and will to carry on.....

Seminar 1



1st Seminar with Prof. Hardaman Singh, Ambika Pattnaik, Principal & Departmental staff.



Giving bouquet to guest



Lighting the lamp.



Principal with guests



Our departmental hierarchs



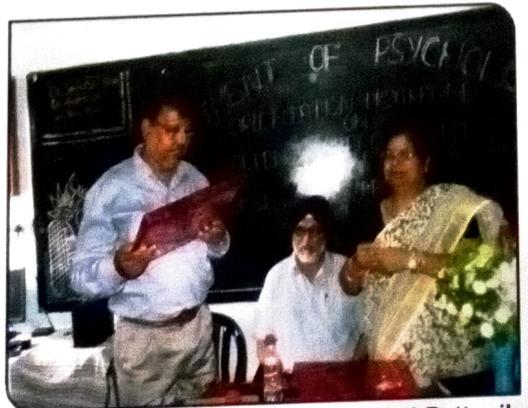
Our Students



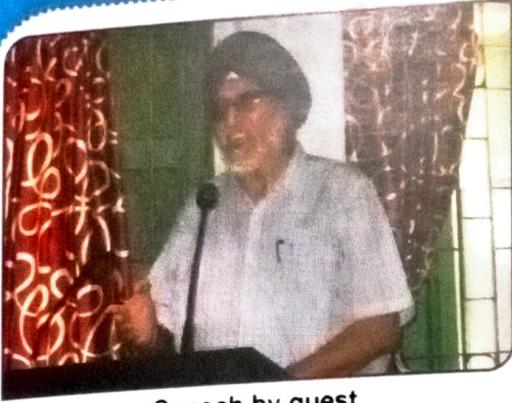
Our students participating in the Seminar



Seminar



Felicitation to Prof. Ambica Prasad Pattnaik



Speech by guest



Speech by Principal



Speech by Departmental staff



Felicitation to Prof. H. Singh



Felicitation to Principal by HOD



Our students & staff with the guests in College garden.

A Seminar on *Electro media and youth violence* was organized by HOD of Psychology, Dr. Santa Misra, Presided by Principal, in charge Mrs. Arunima Das, on Dt. 21 .08. 2015.

Resource presonwere :

- Prof Nibedita Jena, Director - cum- Advisor Youth Policy, Govt of Odisha
- Prof Haribandhu Panda, Vice Chancellor, Institute of Management, Centurian University
- Prof Chandrabhanu Pattanayak, Director, Institute of Knowledge Societies, Centurian University

Seminar 2



Welcome to guests



Welcome by Hon's students to guests



Lighting the lamp by A DAS



Dr. Misra in welcome address



Prof. N. Jena in delivering her speech



Prof. Chandna Bhanu Pattnaik



Prof. H. Panda, the Vice-chancellor
Centurian University



Prof. C. Pattnaik



Dr. N. Das in delivering her speech



Presentation by Prof. Nibedita Jena



Prof. Jena, Prof. H. Panda &
Dr. Mishra in Dias



Mrs. Meena Mohanty



Mrs. Arunima Das in her speech



In the Dias



Students in VEDA CHANTING



Our guests with students & Staff.



Guests in Dias



College Madams in attending our seminar



Our students in attending seminar





Before the Seminar the arrangements by students



Pinky



Reema



Puja



Jublee



Presentations by our students



Subhadra



Karishma



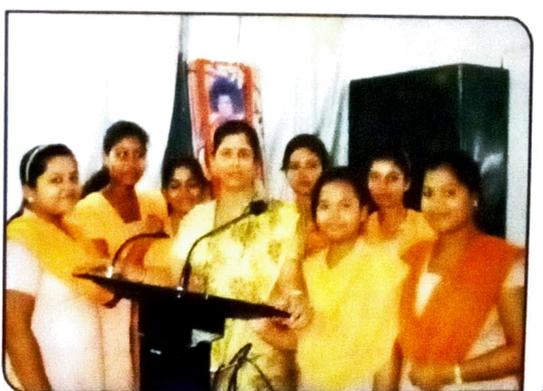
Jublee



Maitree



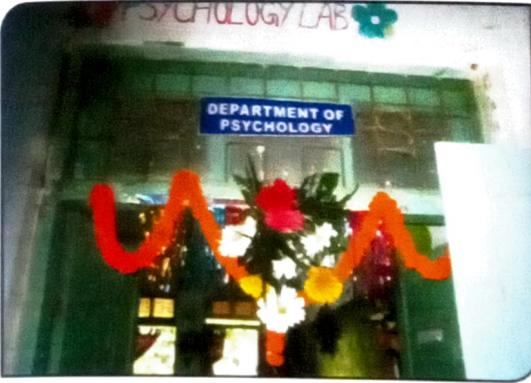
Students in Chit-chat



Our students with HOD

The third seminar was the Welcome ceremony of +3 1st year Hons students
Dt 01 10 2015 Chaired by Mrs Arunima Das

Seminar 3



Welcome to guests



Our staff in departmental seminar



Dr. Debi Prasad Mohanty
& Dr. Mrs. S. Misra
in a Seminar



Dr. Misra



Mrs. Arunima Das in delivering speech



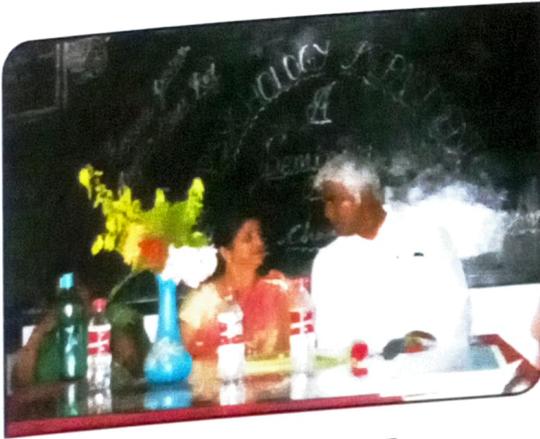
In the Seminar



Students in Seminar

The fourth seminar was on Attitude change and Swachha Varat Aviyan. The resource person was Prof. Deepak Roy. Some students were also presented papers like Miss Truptimayee Swain on "Language development – way to cognitive enhancement, Sanjukta Maharana on "Electro media and youth violence" and Lipsa Maharana on "Determination of activity arousal cycle impairs the students life style".

Seminar 4



Dr. Misra with Prof. Ray



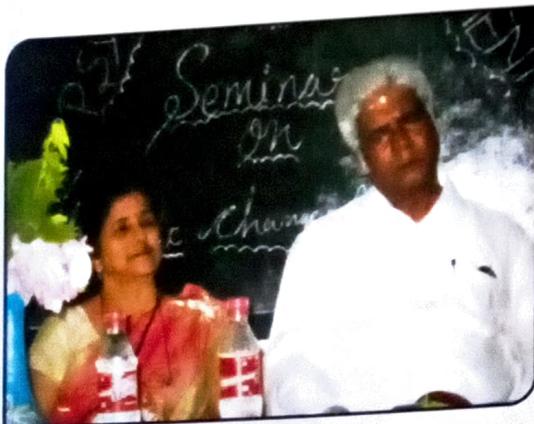
Prof. D. Ray with our Madam



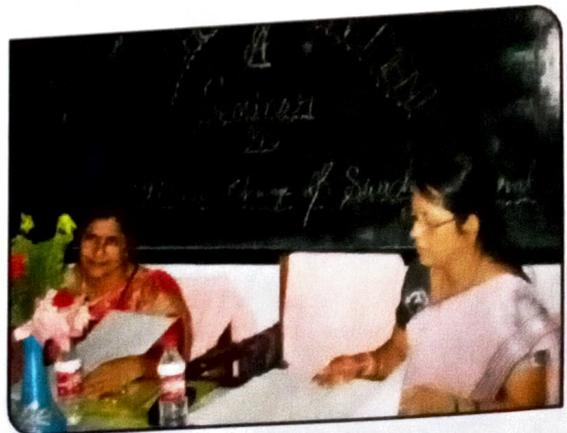
Prof. Ray with staffs



Principal & Prof. Ray



Dr. Misra & Prof. Ray



Dr Misra and Dr Das



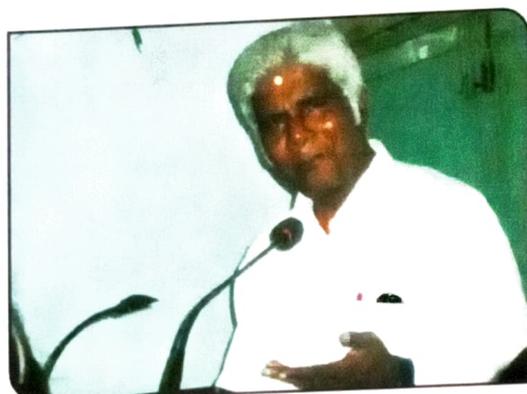
Dr. S. Misra



Dr. N. Das



Principal Madam in 3rd Seminar



Prof. Ray



Presentation by Truptimayee Swain



Sanjukta Moharana while presenting her paper



HOD felicitating Prof. Ray



Dr. Misra with Prof. Ray



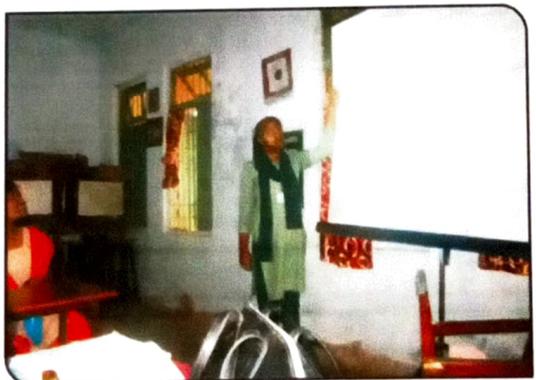
Dr. Misra & Dr. Das in joint presentation



Dr. Misra in her PPT Presentation



Dr. N. Das with T. Swain



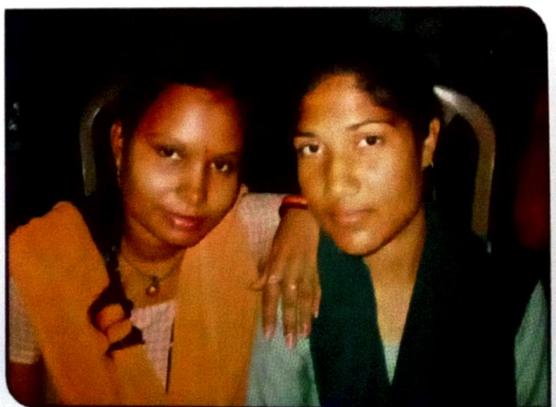
Speech by N. Das with S. Moharana



Students in Seminar



Our inmates



ELECTRONIC MEDIA & YOUTH VIOLENCE

PROF. (DR.) NIBEDITA JENA



YOUTH –

WHO defines youth as a state that starts at the age of 15 and ends at 24.

ELECTRONIC MEDIA –

Electronic Media are that utilize electronics or electromechanical energy for the end user (audience) to access the content.

This is in contrast to static media (mainly print media) which are most often created electronically, but do not require electronics to be accessed by the end user in the printed form.

Electronic Media includes -

Video & Audio Recordings
Multimedia Presentations
CD ROM, Online content (Internet)
TV & Computers
Ipods, MP3 players, PDA

EFFECTS OF ELECTRONIC MEDIA ON YOUTH –

It is useful for :-



Communicating with people worldwide
Entertainment
Having rewarding social connections

It can also create the potential for a risk like electronic aggression, which promotes youth violence.

WHAT IS ELECTRONIC AGGRESSION ?

Is any kind of aggression perpetuated through technology involving a victim and a perpetrator unknown to each other.

It includes :-



Any type of harassment or bullying (teasing, telling lies, making fun of someone, making rude or mean comments, spreading rumours or threatening or making aggressive comments) through - E-mail, a Chat room, Instant Messaging, a website (including blogs), text messaging or videos or pictures posted in website or sent through cell phones.

CONCLUSION :-

E-Media is a fantastic invention of human mind having innumerable benefits and civilization destroying capabilities. We want a tech-full society, certainly not a ethic less and values free human jungle. It remains to be seen how the parents, educators, policy makers, researchers in the field handle the electronic media properly and curb the youth violence in the society.

EFFECTS OF EXPOSURE TO ELECTRONIC MEDIA VIOLENCE :

SHORT TERM EFFECTS :

- a) Priming Process
- b) Arousal Process
- c) Mimicry



LONG TERM EFFECTS :

- a) Observational Learning
- b) Desensitization of emotional processes
- c) Enactive learning

MAGNITUDE OF YOUTH VIOLENCE :-

In 2000, 6% of internet users ages 10 to 17 yrs said, they have been subjected to online harassment. By 2005, the percentage increased to 37% and by 2010, to 70%.

By the age of 18, an average Indian youth will have viewed 40,000 acts of violence in TV

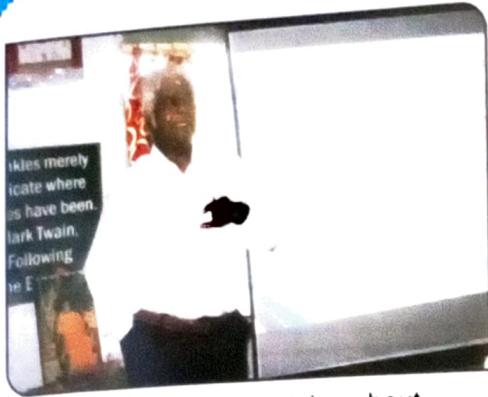
Average 20 to 25 acts of violence are shown on everyday cartoons.

Youth is exposed to 14,000 sexual references per year specially damaging youth behaviour.

Tobacco companies spent 66 billions and Alcohol companies spent 52 billions a year promoting their business through advertisement in electronic media.

PREVENTION :-

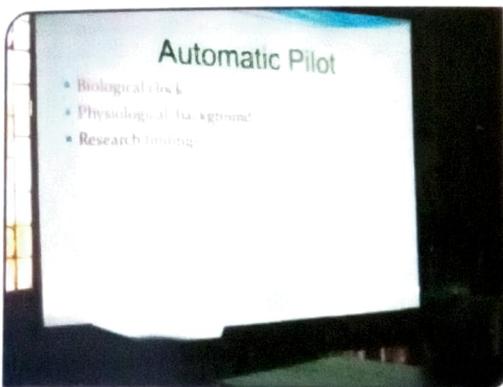
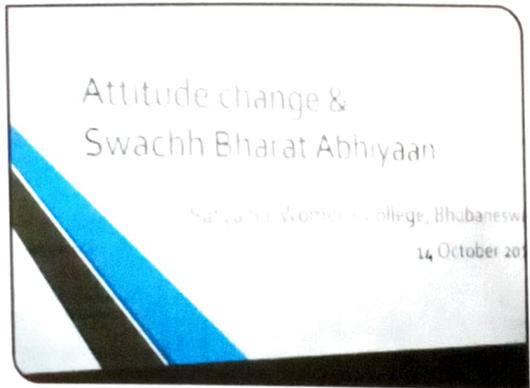
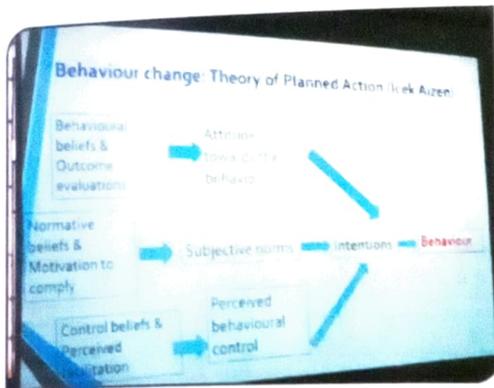
1. Most of the people have opposed media's current roles. They want it to be reformed by some central body so that the media can be unbiased, responsible and ethical
2. More entertainment channels specially (song oriented) should be introduced.
3. Number of news channels should be decreased as they are creating hypertension.
4. Programmes should show the real culture and ethical values of our society.
5. Unethical and immoral airing should be penalized.
6. Installation of filtering softwares.
7. Setting time and content limits in Internet use.
8. Safeguard youth by providing moral education through parents.



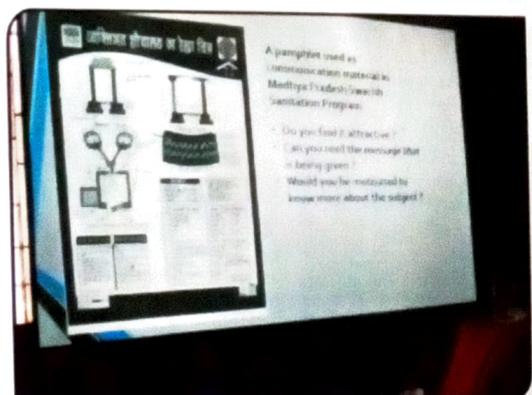
Prof. D. Ray Discussing about PPT Presentation



PPT Presentation Prof. Deepak Roy



- The ways and means to cognitive development.
- Facilitates communication
- Facilitates social behavior
- SO it is necessary to be aware of the development of language in children. Research findings suggest that infants are creating sounds even inside the uterus of the mother.



THE PROJECT PAPERS COMPLETED BY +3 FINAL YEAR HONS. STUDENTS

- TRUPTIMAYEE SWAIN: Analysis of case study on Paranoid Scizophrenia
MAITREE BEHERA: Effect of Yoga on Attention Span
SASWATI PATANAİK: Analysis of case study on Catatonic Stuper
SUBHASHREE DAS: Electronics Mass Media (Mobile) and Youth Violence- An Observational Report
KARISHMA HEMBRAM: Electronics Mass Media (T.V) and Youth Violence- An Observational Report
JYOSTNAMAYEE MISHRA: Electronics (Internet) Mass Media and Youth Violence- An Observational Report
PUJARATH: Effect of Yoga on Attention
PRIYADARSHINI DHAL: The Cultural Diference of Academic Stress in Boys & girls
LIZA JENA: Job satisfaction in Bank employees.
SUBHADRA PATRA: Job satisfaction in Bank employees.
BIJAYLAXMI ROUL: The coltural difference of Academic stress is Boys & Girls.
NANDITADAS : Family quality

*Dr S Misra in a National Seminar on ' Occupational Stress...'
in Pipli College, Pipli With Prativa Maharathy (HOD Psychology), and
Ryo Takahashi (Japan) in the opening of the souvenir.*



THE STARS OF OUR DEPT.



Sanjukta Maharana, +3 first year Hons
First in dance competition :
" Barso re megha megha ..."



Sanjukta Maharana, +3 first year Hons
Selected for women cricketer in district level



Sanjukta Maharana
In NCC pared



Sanjukta Maharana
The pride of our Department
Sports Champion



Lipsa Maharana
First in story writing



Sanjukta Maharana,
Seminar secretary
+3 1st year Hons



Debasree Rout
Seminar secretary
+3 2nd year Hons



Trupti mayi Swain
Seminar secretary
+3 3rd year Hons



Our students while bidding farewell to their seniors



Our students in a picnic



Dr Misra in 30th December, 2015 as a resource person at KIIT University, Bhubaneswar.



Dr Misra in SDMIMD, Mysore in an International Seminar.

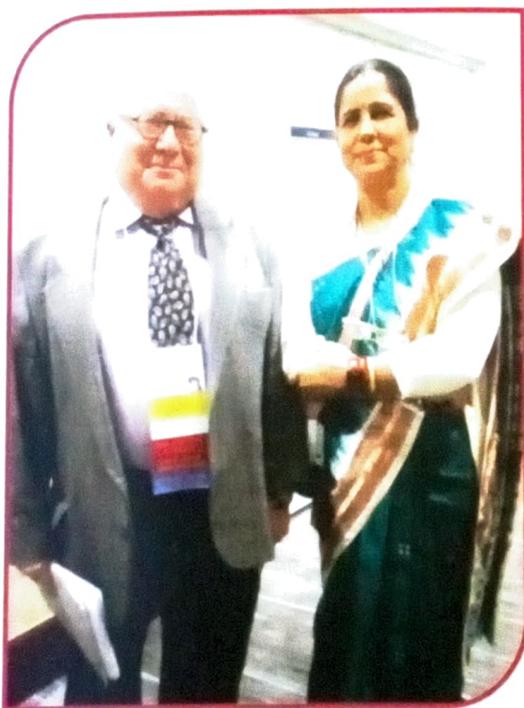
DR MISRA IN WESTIN LONG BEACH, C A , USA (3RD - 6TH MARCH, 2016)



Director World Gerontology Board
Prof Ryo Takahashi



Dr Misra with the President AGHE, USA



With secretary APA



With Symposium Head -Prof Edward Ansello ,Prof and
Head Dept of Psychology , Virginia University, USA



Presentation of Dr Misra in AGHE Conference at Westin Long Beach, California USA